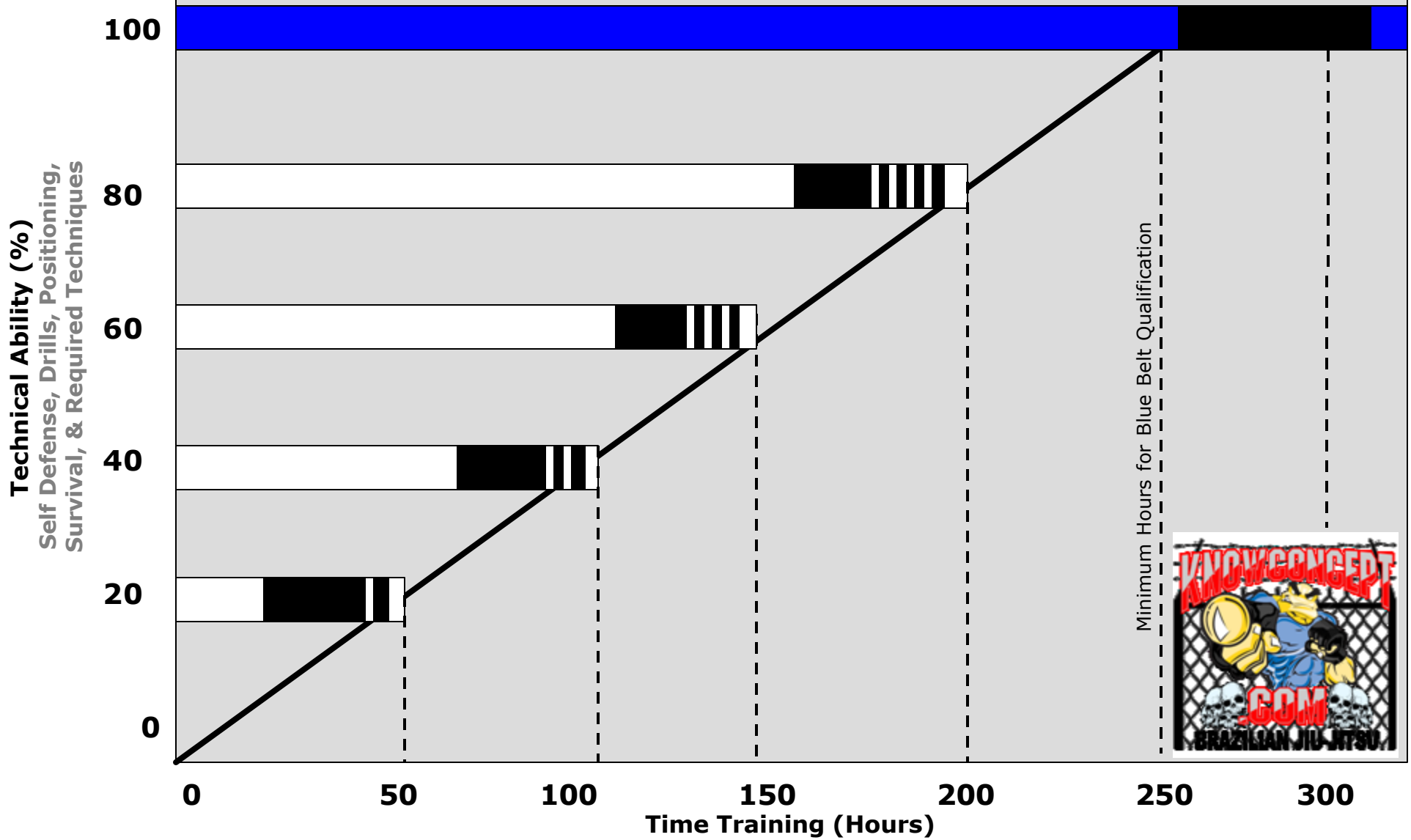


## White to Blue Belt General Qualification Criteria



Training 2x / week (2 Hours ea.) Blue Belt Qualification Criteria Can Be Met Typically Within 15 Months  
 Training 3x / week or more (2 Hours ea.) Blue Belt Qualification Criteria Can Be Met Typically Within the 12 Month Minimum Time

